



Tri the Gulf

Sprint Triathlon
October 20, 2018

When: Saturday, October 20, 2018

Where: Isle Dauphine Club, 100 Orleans Dr., Dauphin Island, AL

Start Time: 7:30 AM

Features: Swim: 600 yards in the protected waters of Pelican Bay

Ride: 16.7 mile bike ride on the island with two trips over the Dauphin Island bridge

Run: 3.25 miles on beautiful Dauphin Island.

Course includes grass trails and roadways

Party: Includes great food and beverages, awards, and cool swag

Registration: Online registration available at

<https://trithegulf.racesonline.com/>

Hosted by: Mobile Bar Foundation, a 501(c) charitable entity for federal income tax purposes

Presented by: Infirmary Health Systems, Inc.

Benefits: A number of local civic and charitable endeavors and causes in the Mobile area